



## CLAUDE WATSON SCHOOL FOR THE ARTS WEEKLY ANNOUNCEMENTS JANUARY 22, 2021

## Tamil Heritage Month - Wellness Wednesday Day

TDSB's Tamil Heritage Month Planning Committee is hosting a Wellness Wednesday on January 27th, 2021 at 5:00 pm - 5:30 pm. All TDSB students in K-8 are invited to participate. Some techniques of Super Brian Yoga will be shared to promote our students' mental health and wellbeing in the current educational climate. It is an excellent opportunity to unwind, relax and get out of our regular routine.

Please share this information directly with the parents and guardians of your school. Parents/guardians will be required to fill out a Google Form to pre-register for this event. Below is the link to the Google Form. Upon completion of the Google Form, a link to the Zoom session will be sent to the listed TDSB email address.

Google Form link: <u>https://forms.gle/uMDp7UnBp7K9MdTJ8</u>

Any questions may be directed to thirumahal.kumarappah@tdsb.on.ca or veni.rajkumar@tdsb.on.ca

## International Holocaust Day: January 27, 2021

The Tattooed Torah

January 27, 2021 is International Holocaust Remembrance Day.

Please join us for this special event - a Canadian premiere and launch of "The Tattooed Torah", exclusively for TDSB students in Grades 4 -8.

Based on a true story, this short film (21 minutes) has won numerous awards at film festivals across the US and is even a contender for the Academy Awards!

A link and password will be sent shortly and the film will be available on January 27, 2021 (this day only) from 9 am - 3 pm. Please watch with students when it is convenient for your class. Curriculum materials are also in development by the film presenters and hopefully they are ready in advance of this Canadian premiere. The website has good information –

thetattooedtorah.com; to view the trailer - <u>https://youtu.be/mlf03ZbWago</u> This is presented by the TDSB's Jewish Heritage Committee, Liberation 75, and the USC Foundation.

During the month of February, the Toronto District School Board is proud to recognize and celebrate African Heritage Month. It is an occasion to recognize and celebrate the many achievements and contributions made by peoples of African descent to Canada and the world. The chosen theme for 2020-2021 is Kujichagulia: Self Determination. The members of the African Heritage Month Planning Committee have developed several initiatives to recognize African Heritage Month by gathering meaningful resources, encouraging the expansion of Black Students Alliances and the creation of a Black Student Leadership Council, organizing the Know Your Worth Conference for Black secondary students and enhancing our TDSB educators' knowledge through professional learning opportunities. In addition to the above, we are delighted to share with you that a virtual launch will be taking place and you're invited to attend! Details are provided below and on the <u>attached flyer</u>.

Date: Monday, February 1st, 2021

## **Toronto Public Health**

Toronto Public Health partnered with Maple Leaf Sports and Entertainment (MLSE) to raise awareness about ways we can reduce the spread of COVID-19. Find out what local athletes and coaches have to say about

staying healthy in unprecedented times

why we need to watch our distance

wearing your mask at school

why we need to stay home to keep our city safe