



# Claude Watson School for the Arts

Weekly Update - Friday October 18, 2019

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## Up Coming Events

### October 21

- Gr 5s – Queens Park

### October 21

- Gr 8 Parent/Student Information Session 6:30-7:30pm

### October 24

- Gr 4s - McMichael Gallery

### October 28

- Staff Meeting 3:30 pm
- School Council Meeting 7 pm

### October 31

- Pizza Lunch
- Halloween Dance

### November 4

- CWSA Program Info Night (Earl Haig)

### November 5

- Photo Re-take Day

### November 14/15

- Progress Reports

## Principals Message: **Coping with Change!**



Change is something we will live with our entire life!

This week with the coming elections the entire country is contemplating change. This might be a great opportunity to discuss the concept of change and coping with change with your children.

After a quick chat about the [3 levels of government](#), the [powers associated with those levels of government](#) and [party platforms](#) you can ask your child to consider what might change depending of what leader/party is elected. From there you can contemplate how these changes might affect industries, services, jobs and families.

We know our children will have find productive ways of coping with change as they mature – transitions to high school, college/university/the workforce, a new city, new relationships. As a parent(s)/guardian(s) when you model real examples of how you cope with change you assist your children and set them up for success later in life. Your positive examples becomes a memory they can draw own in future s years. According to experts at [Mindtools](#) there are four stages of coping with change:

1. Shock and disorientation.
2. Anger and other emotional responses.
3. Coming to terms with the new situation.
4. Acceptance and moving forward.

According to Kathleen Smith (PhD) in her article entitled, [“The Psychology of Dealing with changes: How to become resilient.”](#) How you help your children move through change can set them up to become resilient adults. Smith writes “Practicing different ways of thinking and being in the world can boost your ability to deal with change and help you create a life that is adaptive to new places and unexpected events.”

Our children need our support, let's help them develop the thinking patterns and strategies to live resilient lives.

Have a wonderful week-end!  
Ms. Jones



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## School Council News



### Used Uniform Sale

The Clothing Sale proceeds are ready for pick up by the parents in the office.

Envelopes are sorted by:

1. Class

2. Child's name; please state these two things when picking up your envelope.

If you prefer to have your child pick up the money, please send a signed note indicating you wish the funds to be released to your child. The student may bring the note to the office and sign for the money, releasing Claude Watson from any liability.

Families of the following students please arrange to pick up your proceeds:

**5-1:**

Chan, Kaitlyn  
Cowell, Brooke  
Yang, Jin Lin

**5-2:**

Pei, Tongze

**6-1:**

Bathmax, Koshin  
Chen, Emma  
Chen, Harmony  
Gu, Helena  
Leiphart, Damian  
Nicola, Anna  
Park, Leo  
Wang, Angie

**6-2:**

Chen, Quentin  
Niturescu, Tessa  
Sun, Jasper  
Wang, Celine

**7-1:**

Grant, Hailey  
Park, Sungwoo  
Zhao, Sean  
Zhu, Terry

**7-2:**

Chen, Vivian  
Kim, Julian  
Kim, Justin  
Niu, Phelan

**8-1:**

Berenyi, Marcell  
Lu, Amanda  
Ma, Derek

**8-2:**

Cheng, Danya  
Lee, Michael  
Peng, Elly  
Sadr, Daniel  
Woo, Riley  
Rak, Maya →  
(please contact Monica Walsh, by calling/visiting school)

If your child's name does not appear on this list there were no sales recorded. Any unsold items, along with accompanying inventory sheets will be returned to the home rooms for students to pick up next week.

\*\*Anyone who submitted tap shoes:

The shoes are being held pending notification of a tap shoe sale in the spring. If you wish to retrieve your shoes prior to that time, please notify the office.

Thank you again to all those families who participated!

Monica Walsh,

Used Clothing Sale Co-ordinator (To volunteer to help with distribution, [click here!](#))

### Pizza Lunch

**PARENT VOLUNTEERS** are needed for this fun event! Please contact Suzanne Grant at [suturpin@yahoo.ca](mailto:suturpin@yahoo.ca) and specify what dates you are available. Any day is greatly appreciated and thanks for all your help!



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## Student Council

Student Council members:

7-1: Jonathan Liu, Hailey Grant, Jesse Kline

7-2: Alyn Huang (secretary), Michelle Jeon, Leo Zhang

8-1: Frances Zhao, Mahyar Yousefzadeh, Aaron Zhu

8-2: Karen Zhang, Anita Du (president and Student Senate member), William Chiu





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## Extra-curricular

### \*Extra-Curricular Clubs and Activities

Teachers will pick-up students at the doors at the top of the bleachers at the start time of the club or activity. Teachers will wait for 5 minutes. Teachers will send a monitor to the door 10 minutes later to let in late comers. Parents are asked to remain at doors and hand off younger children to the student monitors if they are late. CWSA Teachers will register the students and maintain attendance sheets for students participating in clubs and activities.

Name	Day	Room No.	Time
Senior Lyrical (Grade 7+8 only)	Monday – Ms. Schroeder	Rm. 101	7:40 am
Rainbow Club	Monday – Ms. Schroeder	Rm. 310	11:30 am
BMB (Grade 4-8 Boys)	Mondays – Ms. Schroeder	Rm. 101	3:45 pm
Boys' Choir	Tuesdays - Ms. Song	Gym	7:30 am
Choreographer's Ball (Grade 6-8)	Tuesdays – Ms. Schroeder	Rm. 101	7:40 am
Girls' Choir for Grades 4 & 5s	Tuesdays – Ms. Song	Rm. 107	11:30 am
French 7/8 Extra Help	Tuesdays – Ms. Teja	Rm. 300	12:50 pm
Salsa Dance Club	Tuesdays – Mr. Razaghi	Rm. 101	3:30 pm
Peer Homework Club (7&8s helping 4,5 & 6s)	Tuesdays – Ms. Drakes	Library	3:30 – 4:15 pm
Tech Club	Tuesdays – Ms. Diack	Rm. 306	3:35-4:15 pm
Jazz Choir	Wednesdays – Mr. Brown	Rm. 109	7:30 am
Girls' Choir for Grade 6s	Wednesdays – Ms. Song	Rm. 107	11:30 am
Balmatics (Gr. 6, 7 & 8s)	Wednesdays – QSLA /Mr. McNee	Gym	3:30 – 5:00pm
Peer Homework Club (7&8s helping 4,5 & 6s)	Wednesdays – Ms. Fernandes	Library	3:30 – 4:15 pm
Chorale	Thursdays – Ms. Song	Gym	7:30 am
G-Hop (Grade 4-8 Girls)	Thursday – Ms. Schroeder	Rm. 101	7:40 am
Concert Winds	Thursdays – Mr. Brown	Rm. 109	3:30 pm
Peer Homework Club (7&8s helping 4,5 & 6s)	Thursdays – Ms. Fernandes	Library	3:30 – 4:15 pm
Brass Choir	Fridays – Mr. Brown	Rm. 109	7:30 am
Chamber Strings	Fridays – Mr. Best	Rm. 110	7:45 am
Peer Homework Club (8s helping 5s)	Fridays – Ms. Mongillo	Rm. 303	11:30 am
Yoga	Ms. Currie- Johnston Begins October Date TBA	Rm. 101	3:30 pm
Art Club	Ms. Mongillo Begins Wednesday, October 23 <sup>th</sup>	Rm. 209	11:30 am
ECO Club	Ms. Cherry begins October TBA	Rm. 308	



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## Lunch & Snacks

### Boomerang Lunch

CWSA students and families should pull together to manage our waste and continue our tradition of being a strong ECO school. According to [CBC only 1/10](#) the plastics we place in recycle bins are recycled the other 90% end up in landfill often in [other countries like Malaysia](#). Let's do our part for the planet reduce the use of plastic wrappers.

To assist in creating a safer and cleaner environment we are implementing a new waste management system – **Boomerang Lunch**. What does this mean? As a CWSA community we are asking students and families to pack a litterless lunch to school and to **bring back** unfinished food (wrappers, leftovers, juice box containers etc.). At home you and you child(ren) can sort – recycle and compost the waste. This gives parents/guardians a true window into what their children are consuming at school and also provides a structured learning opportunity at home. We ask you support John and Monica, our Lunch Supervisors, as we try a new way to manage waste and create a cleaner environment for our students with health and environmental sensitivities. Remember to add your child's homeroom number to the existing label on their lunch and remind your child(ren) to bring their lunchbag(s) home each day especially on Fridays. A number of CWSA students have serious allergies. We ask that families avoid the following food items with **nuts and shellfish** as you prepare lunches – the safety of CWSA students is our top priority. **No glass containers please.**

### Allergy Alert

Information for parents/guardians of students with [allergies](#). Please ensure you have completed the necessary forms at permission clic [\(video assistance\)](#) parents.

## Additional News

### Agendas

Premier Agendas, arrived on Friday. We were alerted earlier during the week that the agendas had been delivered to the wrong school. CWSA student agendas will be distributed to all classes on Monday beginning with our Juniors. At this point we are not certain that all 300 agendas were received. Again this was a TDSB wide delay in the delivery of our school's student planners.

### Who Teaches My Child?

For your reference we have created a chart to help you remember who teaches your child both academic and arts programming at CWSA. That information can be found in the file: [Who Teaches My Child?](#)





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## School Related Purchases

### School Cash Online

[School Cash Online](#) is an easy to use, safe and convenient way for you to pay for children's school fees, including agendas, yearbooks and class trips. The problems with School Cash Online, have been resolved. If you are not registered use the following [link](#).

### Uniform Order & Pick-up

Our Dance department has started to release more dance uniform items on school cash online. Please have a look.

CWSA operates new uniform sales on a cost recovery basis. Uniforms are not fundraisers for the school. Families that require financial support to obtain the mandatory uniforms are encouraged to contact the office. Uniforms purchased through School Cash online (in stock) can be picked up at school.

Here are highlights of CWSA Uniforms:

**Performance Uniform:** The performance uniform is required for all CWSA performances. As well students will be required to wear their uniforms during selected field trips and events. The performance uniform includes:

- ✓ Blue CWSA Polo Shirt – available on cash online
- ✓ Khaki pants- Available at Old Navy: Boys ([Click Here](#)) Girls ([Click Here](#)) or ([Click Here](#))
- ✓ Students who decide to wear skirts should wear navy blue tights
- ✓ Black Belt – All students wearing pants must have a black belt
- ✓ Black socks and black dress shoes

**Physical Education Uniform:** CWSA athletic wear is required for physical education classes and activities at Claude Watson School for the Arts. Students in all grades are required to wear:

- ✓ Black t-shirt with CWSA logo
- ✓ Black shorts with CWSA logo AND/OR black track pants with CWSA logo.

The physical education uniform will be available on School Cash Online Thursday, September 26, 2019 at the Welcome Back BBQ. We will also have sizers available at the clothing sale (in the multi-purpose room)



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## Excursions & Events

### Terry Fox Fundraising

We are nearing the end of our Terry Fox fundraising campaign, and with \$4000 already collected, we are almost 1/2 way to our goal of raising \$9000 for cancer research! We would like to thank all those who have already gotten their donations in. Your kindness and generosity will go a long way to helping fund the research that Terry dreamed of when he started his Marathon of Hope almost 40 years ago! We will be accepting pledge forms and online donations all the way up until the 22<sup>nd</sup> of October! If every student who has not pledged yet brought in just \$20 we would achieve our goal by next Tuesday. Let's keep pushing Claude Watson!

### Ballmatics Program

Claude Watson Wednesdays  
3:30 pm – 5pm  
Registration required.



### Guidance News: Grade 8 Parent Information Night

Beyond 8 Presentation - Wednesday October 23, 2019 Claude Watson School for the Arts Gr. 8 Parent/Student Information Session 6:30-7:30pm.

Elementary Guidance Counsellor, Raquel Castellanos will be sharing information about the process that all grade 8 students will be going through as they transition to grade 9 in September 2020. She will share specifics about course selection, optional attendance and choosing the right high school. This short presentation will be followed by a brief question period at the end.

### Upcoming Major Performances

Celebrations Thursday December 19<sup>th</sup>, 2019 (Earl Haig)  
Strings Night Thursday April 2<sup>nd</sup>, 2020 (CWSA)  
Dance Night Tuesday May 5<sup>th</sup>, 2020 (Earl Haig)  
Reflections Wednesday, June 17<sup>th</sup> & Thursday June 18<sup>th</sup>, 2020

### Budget

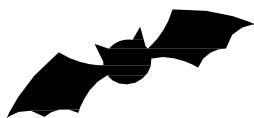
The TDSB has just released the budgets. We are analyzing what this will mean for CWSA. We will share information at the next **School Council Meeting – Monday, October 28<sup>th</sup>, 2019.**

### Private Instructors

Music lessons are up and running!

Grade 6 students met the private instructors this week and forms have been sent home for parents to sign if you are interested in private lessons. Please return the form marked "Please return to Main Office" to the office and the other form to the instructor.














## Halloween Safety Tips



Tips for parents, children and drivers

Halloween can be an exciting time for children and with the distraction of candy and costumes, safety rules can easily be forgotten. In fact, research shows that distractions can increase a child's chances of being struck by a car. Halloween means there will be more children out on the streets, which is why drivers need to take extra care. **Parachute offers parents, children and drivers these tips for a safe Halloween:**

-  **Select costumes with bright colours** to increase your child's visibility and choose face paint instead of masks.
-  **Have children wear reflective items** such as glow sticks, wristbands, or tape to help them be more visible to drivers.
-  **An adult or responsible older child should accompany younger children** since they may lack the developmental skills to cross the street on their own.
-  **Teach your child to stop at the curb**, look left, right and left again, and to listen for oncoming traffic.
-  **Always cross at crosswalks, street corners or intersections** – it's unsafe to cross between parked cars or other obstacles.
-  **Stay on the sidewalk** when walking from house to house. If there is no sidewalk, walk beside the road facing traffic so drivers can see you.
-  **Reduce distractions**, such as cellphones or loud music, and stay alert.
-  **Drive slowly** in residential areas where children are more likely to be trick-or-treating.
-  **Watch out for kids**, many of whom will be wearing costumes that limit their vision.

For more on Halloween safety, visit  
[parachutecanada.org/halloween](http://parachutecanada.org/halloween)

